

Basic Life Support

Description

This is a short course in Basic Life Support. The aim is to enable all students to deal with an unresponsive casualty who is breathing normally, and how to deal with an unresponsive casualty who is not breathing normally.

Duration

A 3-hour course of theory and practical work.

Syllabus

A range of subjects is covered including:

- Arriving at the scene
- Casualty assessment
- Top-to-toe assessment
- Recovery position
- Resuscitation
- Hygiene control

Certification

Although there is no formal assessment, the trainer will assess each individual ongoing throughout the course and issue a certificate of attendance.

Numbers

A maximum of 12 students can be accommodated on this course and there is no age barrier.

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